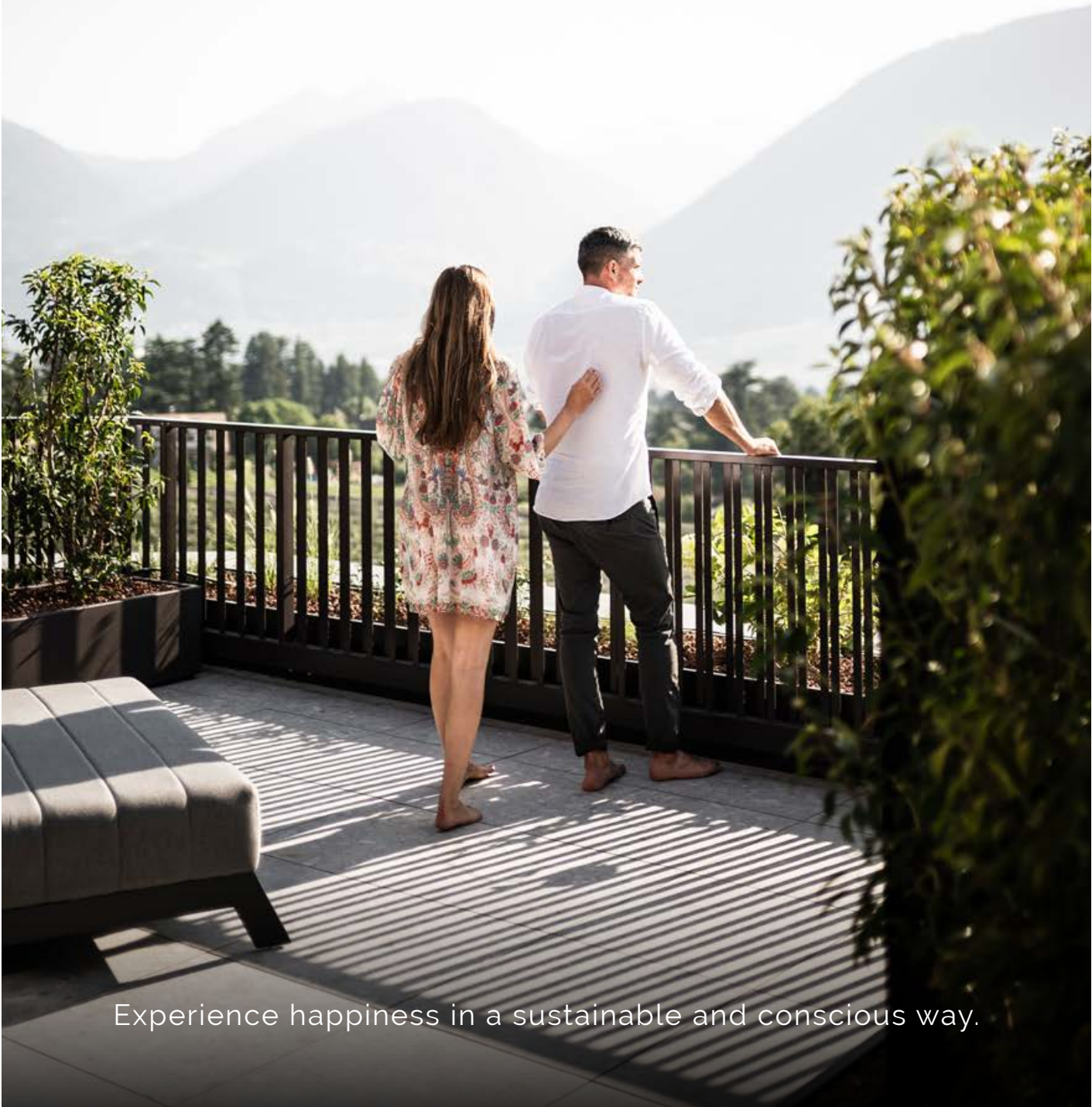




SCHENNA  
**RESORT**  
SOURCE OF LIGHT



Experience happiness in a sustainable and conscious way.



SEIZE THE OPPORTUNITY  
AND ENJOY YOUR DAYS WITH US.







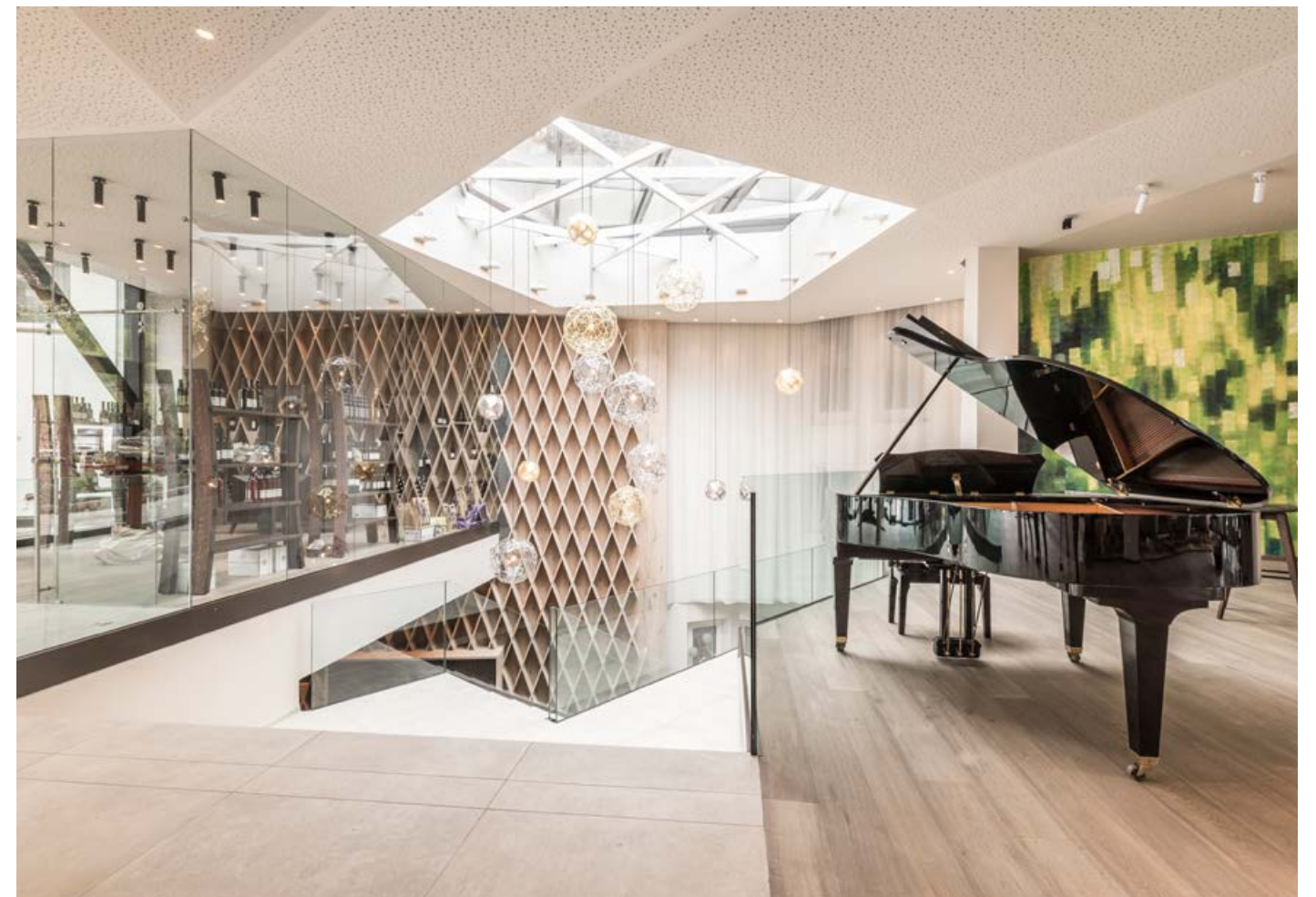
## TRADITION, PASSION FOR THE MODERN AND SUSTAINABLE

At Schenna Resort, we aim to create experiences that not only promote well-being but also consciously take responsibility for people and nature. From the passionate work in the vineyard to culinary masterpieces and innovative wellness concepts – we strive to meet our guests' needs at the highest level while keeping sustainability at the forefront. To make all of this possible, we need our employees, who accompany us as a family on this journey.

The holistic approach in the areas of environmental protection, social responsibility, and economic sustainability spans from the photovoltaic system and eco-friendly cleaning products to energy efficiency in the rooms – Schenna Resort offers its guests a sustainable luxury experience. Our credo: sustainability does not mean sacrifice but rather a more mindful experience.

With this in mind, we hope you enjoy reading and browsing through our new Journal.

*Yours sincerely,  
the Pförtl & Wörndle family*





# SUSTAINABILITY -

## BETWEEN COMFORT AND CONSCIOUS RESPONSIBILITY



At Schenna Resort, sustainability is not just a buzzword but is actively integrated into everyday life. The resort pursues a comprehensive sustainability strategy and is working towards certification according to the international GSTC\* standard. In an interview, **Heidi, Stefan, Michaela, Peter,** and **Florian** discuss the challenges and successes on the path to creating a more mindful, eco-friendly vacation experience – for both guests and staff alike.

### What led to the decision to pursue sustainability certification?

**Heidi:** Sustainability must be visible – for guests but also for employees. We decided to take this path with the GSTC certification, which unfolds in five phases and undergoes an audit. It takes time and commitment to ensure that sustainability is truly practiced in all areas of the resort.

### Where do you make this tangible for the guest?

**Stefan:** For guests, sustainability today must be a visible experience. You can see it in our photovoltaic system or even in the towels provided in the wellness area. In the luxury segment, there's a fine line between sacrifice and comfort. Waste separation and a more selective buffet are aspects we consciously implement. However, we make the dining options more varied, which often pleasantly surprises our guests. Occasionally, we do get complaints, but our skill lies in presenting sustainable solutions in a way that they are perceived as added value.

### What environmentally friendly measures are already in place?

**Michaela:** In housekeeping, we took the first step two years ago. Guests no longer automatically receive their slippers in the room but can use their own. Towels are no longer provided in excess; instead, they are placed mindfully. We use eco-friendly liquid detergents with ECO labels, and single-use bottles are a thing of the past. A next step is the use of steam cleaners to further reduce the consumption of cleaning products.





### How does the Schenna Resort reduce energy consumption?

**Stefan:** Our energy supply is a significant topic. We can generate around 40 percent of the energy we need – both electricity and heat. We have extensively modernized our energy systems: triple-glazed windows, insulated facades, and an intelligent BUS system for the air conditioning. The shading also plays a huge role in this. All of this contributes to sustainability and significantly reduces energy consumption compared to years ago. It's an exciting area to explore heat protection to efficiently manage air conditioning while also utilizing that heat where we need it.

### Erwarten das die Gäste bereits?

**Peter:** Of course, guests also expect comfort, and we are aware of that. However, more and more guests are specifically looking for sustainably operated hotels. Our job is to communicate this as well as possible, because we have already achieved a lot without making a big fuss about it. This applies not only to the hotel industry, but also to other sectors.



**Heidi:** Yes, we are actually seeing a clear trend of guests asking specifically what we are doing in terms of sustainability. Topics such as towels and bath slippers are often welcomed. It is important that future generations can live as well as we do - we have to be open to that. We worked on a comprehensive checklist and were surprised at how well organised we already are. Now it is a question of making sustainability visible, through the morning paper, information in the rooms and training of our employees. We want everyone to know.



*'Hotels and holidays are always a matter of taste. Many appreciate our family presence - whether in the evening or during the day while hiking or cycling. This family atmosphere brings us closer to our guests and ensures honest feedback. Sustainability does not mean taking something away from anyone. Rather, we focus on making the experience more mindful and valuable. This will help us in the future as well.'*

### It's often the little things that can make a big difference. How do you see it?



**Florian:** As a young person, it's easiest for me to focus on reducing waste and minimizing or eliminating packaging. It's important to me not to use a car when it's avoidable. However, there's a balancing act between guests who are already thinking sustainably and those who are not quite there yet. We need solutions that satisfy everyone. But we already have a good plan for that.

**Stefan:** Media plays a key role in promoting the trend towards sustainability. Sometimes it is more sustainable to use things for longer, rather than constantly renewing them. That is why we consciously invest in neutral and timeless products and colours. This, too, is a contribution to sustainability.

**Heidi:** A guest recently said to me, 'Everything looks so new!' This shows us that we've made good choices. But it is only now that we realise that we also have to talk about it. Sustainability has always been a matter of course for us. It's nice that guests are increasingly looking for it.

### What about viticulture?

**Florian:** Wine has always been a natural product. Many winegrowers are returning to biodynamic production. In viticulture, you can clearly see how energy-efficient and sustainable practices are – without herbicides and with minimal water use in the cellar.

**Stefan:** We produce around 60,000 bottles and sell the wine almost exclusively at the hotel or directly to our guests. This allows us to avoid long supply chains.



### What might the guest of the future look like?

**Heidi:** I am happy about the families, couples and seniors with grandchildren, but also single travelers that we are currently attracting. It's a gift that young and old come together here. Every hotel finds its guests, and we are, of course, also considering new markets.

*'The GSTC sustainability certification is based on the standards of the Global Sustainable Tourism Council (GSTC). The GSTC is an international organization dedicated to promoting and recognizing sustainable practices in tourism. The GSTC criteria are globally recognized guidelines for sustainable tourism, covering various areas including environmental compatibility, social responsibility, and economic sustainability.'*



# THE NEW SPA EXPERIENCE AT SCHENNA RESORT

WHERE TRADITION MEETS MODERNITY



Our new Self-Wellness SPA program is perfect for anyone looking to treat themselves and recharge. Under the guidance of our experienced SPA manager **Priska**, we have completely revamped our offerings to better meet the needs of our guests.

For men, we now offer specialized, highly effective facial treatments using the powerful, natural products from Pharmos Natur. These treatments focus on the essentials: effective, deeply effective and powerful. The aloe vera fresh plant leaf provides maximum moisture and care.

Expecting mothers can unwind with our tailored Baby Moon program. It is specifically designed to help you relax and enjoy this special time.

Even our youngest guests won't miss out! For children and teenagers, we offer cool facials, relaxing massages, cheeky nail designs and washable tattoos by **Evelyn**.

This makes the SPA visit an unforgettable experience for the whole family!

A special highlight of our new program is the modern reinterpretation of the traditional South Tyrolean bathing culture. For centuries, the healing effects of thermal baths have been valued in South Tyrol. We have revived this tradition with pine wood and rose baths, combining them with modern technology. A special sound system and light frequencies, accompanied by gentle music and soothing light impulses, enhance the relaxation experience. This brings the ancient healing bath culture to a completely new, innovative level.

Another focus of our offerings is energetic massages. Holistic techniques from various cultures deeply impact our human system. Traditional techniques, such as herbal stamp massages, have been further developed by us to holistically touch the body, mind, and soul, opening new dimensions of relaxation.

Discover everything you need to know in our new SPA program – let the magic of our wellness oasis enchant you.





## MIND & SOUL



### YOGA AND SOUND RETREAT WITH GERDA PIRCHER 13.03. – 16.03.2025 | 06.11. – 09.11.2025

- 3 nights incl. gourmet half-board (gourmet breakfast and 5-course menu with culinary specialities)
- 1 relaxing massage with aromatic oil (50 minutes)
- 3 morning yoga lessons
- 3 afternoon yoga lessons

A varied activity and awareness programme awaits you.

**FROM 812 EURO**



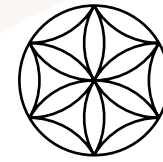
### ALKALINE FASTING WITH MONIKA MALFERTHEINER AT MITTERPLATT 19.01. – 25.01.2025

- 7 nights with gourmet half-board
- fasting assistance 24 hours a day, 7 days a week
- meeting and introductory lecture by Monika Malfertheiner, certified fasting guide
- 1 detoxification day, 5 fasting days, 1 accumulation day, under the constant supervision of the fasting guide
- 1 detoxifying full-body massage
- 1 guided excursion to the spa town of Meran with a visit to the women's museum
- Relaxation in the heated indoor-outdoor panorama pool (30 °C) and the cosy relaxation rooms.

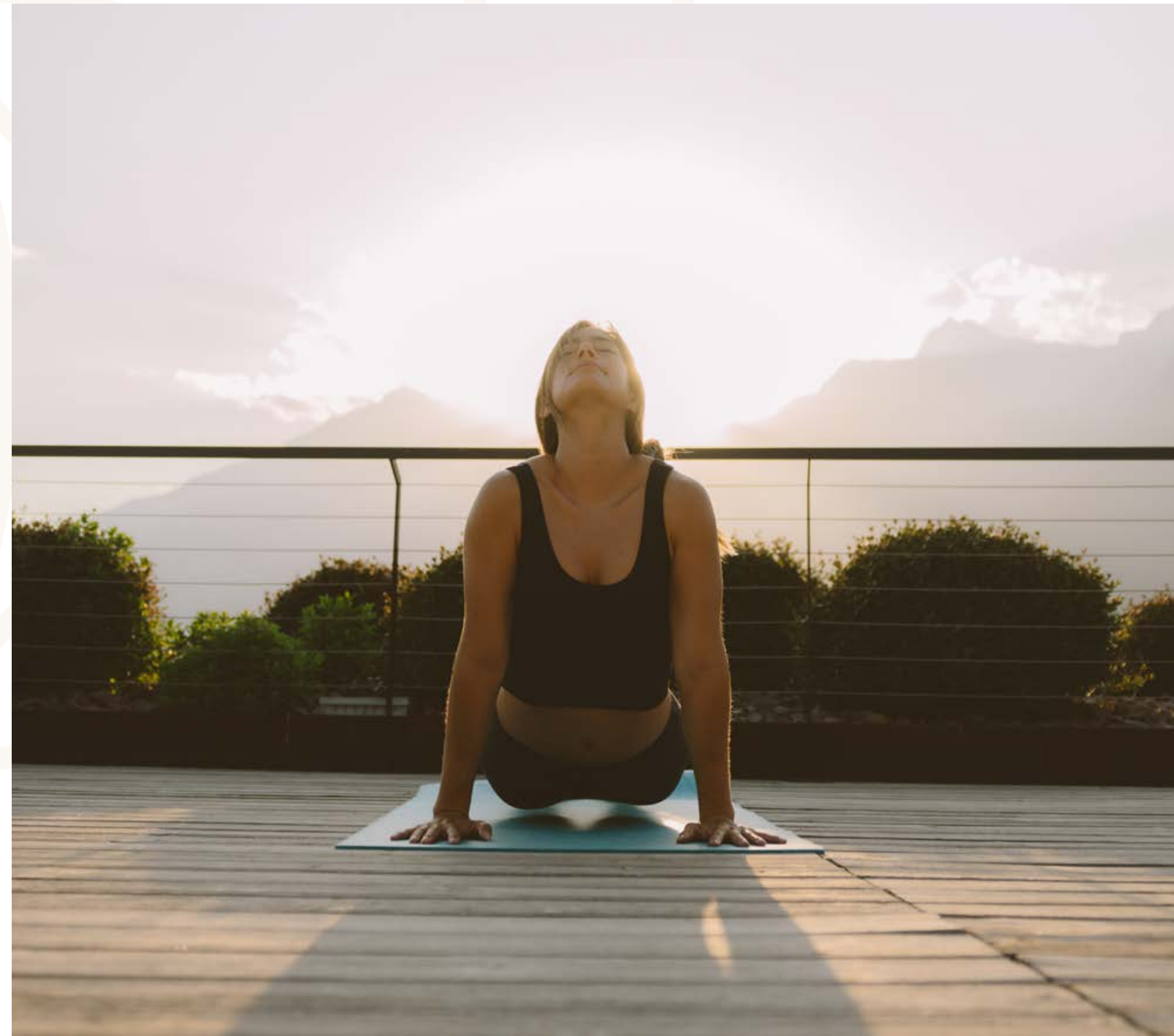
A varied awareness and activity programme awaits you.

**FROM 1,450 EURO PER PERSON**

**You can find more offers on our website.**



## BREATHE DEEPLY AND LET YOUR SOUL RELAX





## 22 YEARS OF HOSPITALITY WITH HEART

**Sonja** started her career as a bartender at Lake Garda before deciding to work at the reception. To prepare for this role, she completed a special course for receptionists. Over the course of 22 years, the hotel has transformed from a small guesthouse into a prestigious establishment. What she particularly appreciates is that it is lovingly run by the owner family.

Friendliness and the ability to listen well are the key factors for good receptionists. Guests particularly appreciate this. On the other hand, unfriendliness is an absolute taboo, and patience is essential in stressful situations.



"Guests have become more demanding and their expectations have risen over the last few decades," says Sonja. And it's precisely in this that she finds her motivation to remain friendly and to find solutions for the guests. One of the most memorable moments of her career was the celebration at Schenna Castle for the hotel's 30th anniversary with our guests, where she was honored for her 10-year anniversary as an employee. 'It still feels like it was just yesterday,' she recalls. 'Yes, you experience many of life's moments up close,' Sonja reflects.

Outside of work, Sonja loves spending time with her young son, who is her top priority. She enjoys reading and appreciates the small-town life in Meran.

Sonja values her work at the reception because it is varied and challenging, and she would choose this profession again anytime. When she goes on vacation herself, she pays particular attention to reviews and describes herself as a rather demanding guest. 'Switching to the other side is also helpful to better understand my work. You can do this job for years, and still, something new happens that you've never experienced before. That's exciting,' Sonja laughs.





# FROM CONSTRUCTION TECHNICIAN TO **OENOLOGIST**

**Georg Weger**, the cellar master of the Pföstl Winery at Schenna Resort, has had an unusual journey. Originally trained as a construction technician, he quickly realized that this profession didn't bring him joy. Through fruit farming, he eventually discovered his passion for viticulture, leading him to pursue a four-year education at the agricultural school for fruit and wine cultivation. Georg gained practical experience not only in South Tyrol but also at a winery in Tuscany and in Germany, where he

managed a vineyard. About ten years ago, his friend Stefan Pföstl suggested the idea of establishing their own winery. Since then, they have cultivated around 4 hectares of their own vineyards, along with approximately 3 hectares sourced from carefully selected local suppliers.



## Elegance, lightness and delicate winemaking

Georg places special emphasis on the elegance of his wines. They should not only pair well with food but also have an enjoyable drinkability. In production, Georg focuses on gentle vinification, highlighting this by avoiding maceration. Their top wine, Valpitan, matures in French oak barrels, which they aim to use for as long as possible.

## The terroir

The vineyards of the Pföstl Winery are located around Meran, primarily on light, acidic soils. The underlying rock is granite and gneiss, two very hard stones rich in quartz and feldspar. The vineyards are located from Schenna and Tschermers to Marling and Riffian. Both types of rock impart a distinctive structure to the wines.

'While the term "mineral" is often debated in the wine world and frequently used as a marketing term, it's fair to say that the hard underlying rocks produce wines with a crisp acidity. I like to describe the white wines from these soils as "vibrant," while our red wines are elegant and invigorating,' says Georg, summarizing his wines.



## A passion for German Riesling and a love for Ducati

In his free time, Georg Weger enjoys relaxing over a good meal or riding his Ducati. During his time in Germany, he developed a fondness for German Riesling. He often returns there to exchange ideas with fellow winemakers and gather new inspiration for his work.

The Pföstl winery stands for a harmonious blend of tradition, elegance, and modern viticulture, with a focus on high-quality enjoyment.



# FEINKOST PFÖSTL



## Visit the Pföstl delicatessen in Schenna

Our sister Elisabeth, her husband Franz and their sons Thomas and Lukas look forward to your visit. You will find a wide selection of South Tyrolean and Italian specialities.

Onlineshop: [gusta.it](http://gusta.it)



# NERTIL – THE ART OF SIMPLICITY: **PLEASANT CUISINE**



At home, it's the men who wield the cooking spoon. However, the love for cooking comes from an even older tradition: it was his mother, or rather his grandmother, who passed on this passion for the kitchen. So where did he learn his craft? In Italy, specifically in Bozen, at the Hotel Colle. There, he met his first head chef, who made a lasting impression on him. She taught him that often the simplest things are the most important. A nut cake without a recipe? No problem for his former boss, who baked solely by instinct and with a lot of heart.

For **Nertil**, cooking isn't complicated. "Less is more" – this motto runs through his kitchen. His goal is not to overload the ingredients, but rather to let each dish have a clear direction where the individual flavors can shine. At the Olive restaurant in Hotel Mitterplatt, he presents Italian cuisine with an international twist. Every Monday, he serves Tyrolean classics like Kaiserschmarrn (shredded pancake) and homemade Schlutzkrapfen (Tyrolean dumplings).

Why does his Italian cuisine taste so good? Nertil is convinced that the key to his delicious Italian cuisine lies in the quality of the ingredients. He focuses on regional products and ensures that his food travels as few kilometers as possible. Many of the herbs he uses come directly from his own herb garden. Additionally, he uses less flour to create lighter, more digestible dishes. This commitment to quality and freshness enhances the flavors, making his cuisine so exceptional.

For Nertil, vegetarian cuisine is essential, but it must be well-balanced—achieving the right harmony of flavors is key. At Mitterplatt, one must certainly try the chanterelle mushrooms when they are in season, as they are a highlight of the menu. Nertil's personal favorite dish combines meat and fish with a generous amount of vegetables, creating a variety that makes his dishes uniquely special.

Nertil has worked in renowned establishments like Hotel Colle in Bozen and the Michelin-starred Restaurant Sissi in Meran. For the past five years, he has been the head chef at Mitterplatt in Schenna Resort. What is important to him in life and at work? "Family and children come first, then the job," he says. Because when you're happy at home, you can also create great things in the kitchen. And this happiness is truly reflected in the flavors of his dishes.



**ADULTS  
ONLY**



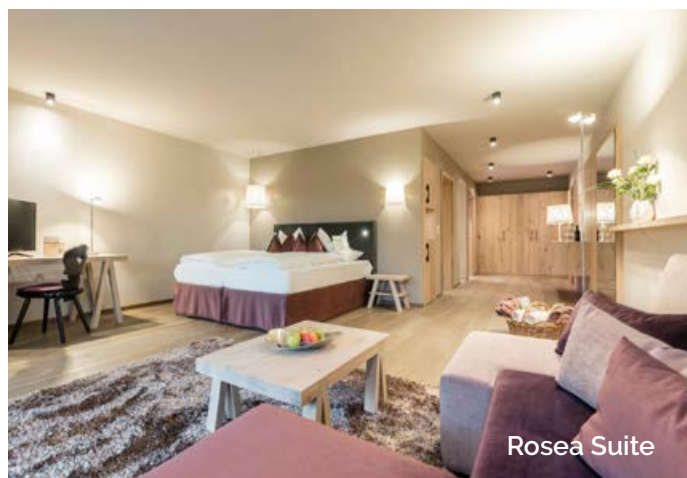
Whoever finds peace among fragrant apple trees, as the sun gently caresses the sunny slopes, will be inspired by the breathtaking views of the Meran mountains. The Rosengarten, with its tasteful architecture, impresses with its exceptional design. The spaciousness of our rooms creates an exclusive home. A full desire for exquisite cuisine, combined with holistic wellness, leads to total relaxation. This is what you will find at one of the most beautiful places in South Tyrol.

PERIODS				
Saison A	Saison B	Saison C	Saison D	Saison E
27.02. – 16.04.2025 22.04. – 28.05.2025 02.11. – 19.12.2025	17.04. – 21.04.2025 29.05. – 02.08.2025	02.08. – 11.10.2025	12.10. – 01.11.2025	20.12.2025 – 05.01.2026

We will be happy to send you an offer for the desired date. Due to the current economic development, it is not possible to provide a fixed price list. Rates change depending on the room category and availability. **Those who book in advance can benefit from advantageous rates.** The tourist tax is charged separately.



Vinea Suite South/East



Rosea Suite



Penthouse Suite





# WHAT MAKES OUR VACATIONS SPECIAL?

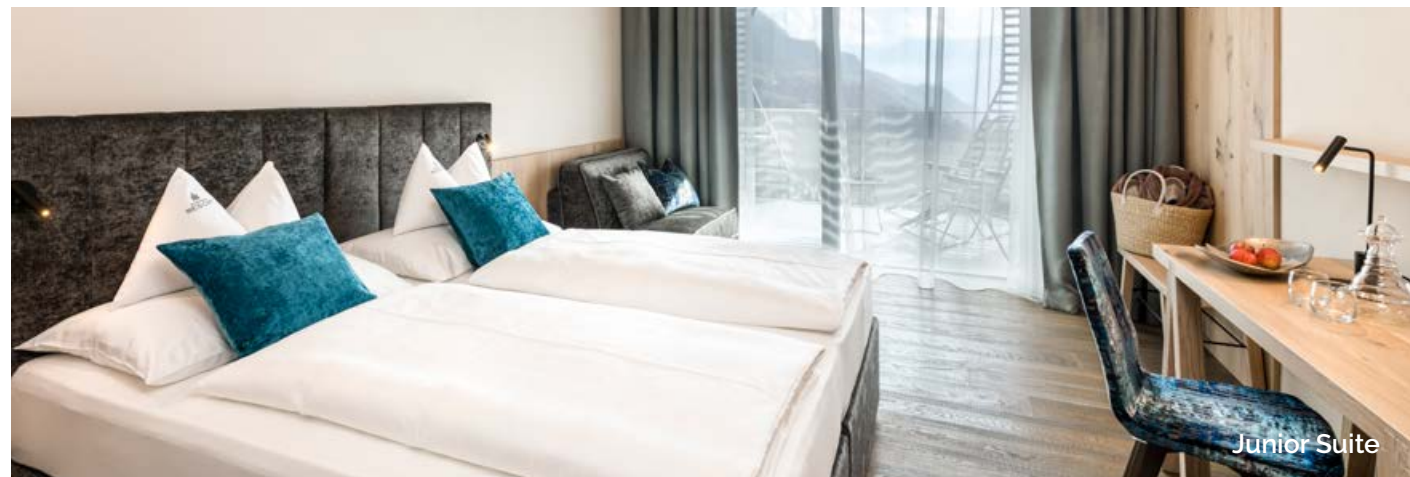
BEING TOGETHER CONNECTS US EVEN MORE



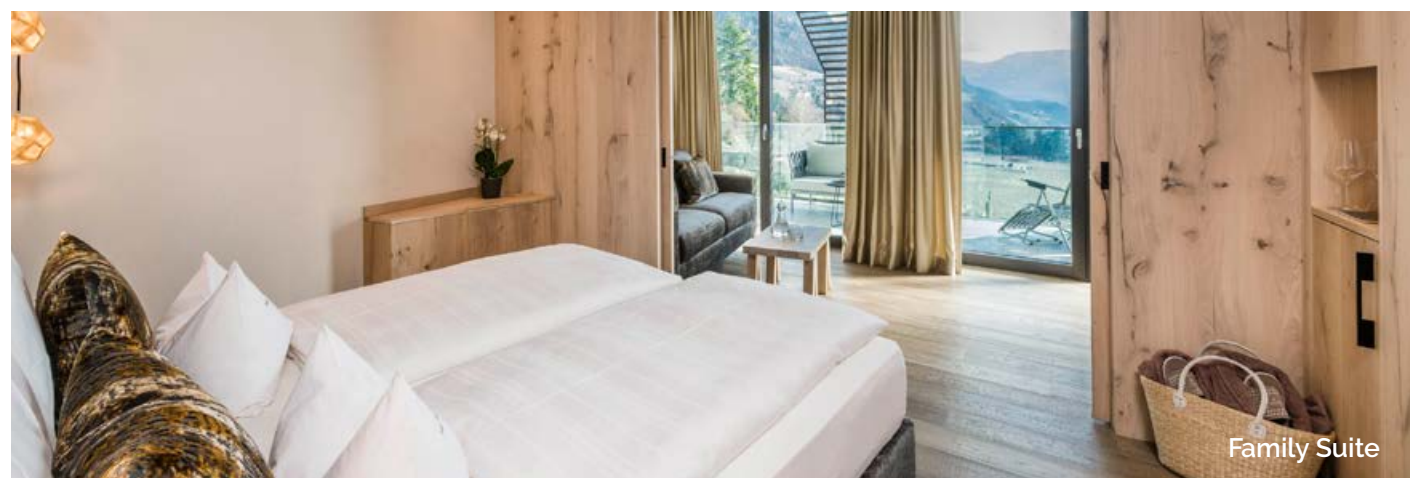
How do we describe moments of happiness? Feeling the closeness to nature during a hike with friends and family. It feels like an intense connection with the surroundings - nestled in the breathtaking mountain landscape around Schenna. In the evening, it's time to reflect, preferably with a glass of wine in hand.

PERIODS				
Saison A	Saison B	Saison C	Saison D	Saison E
27.02. – 16.04.2025 22.04. – 28.05.2025 02.11. – 19.12.2025	17.04. – 21.04.2025 29.05. – 02.08.2025	02.08. – 11.10.2025	12.10. – 01.11.2025	20.12.2025 – 05.01.2026

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Junior Suite



Family Suite



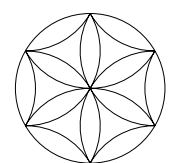


## FAMILY WEEKS

09.03. – 13.04.2025 | 04.05. – 28.05.2025 | 22.06. – 06.07.2025 |  
09.11. – 20.12.2025

### Bookable in all categories

Family fun at a special price! Water slide, paddling pool, minigolf, rafting, story time... The numerous possibilities around Schenna are a paradise for a classy family holiday. For stays of at least 7 nights at the Schenna Family Resort, one child stays for free in the parents' room and the second child receives the corresponding child discount in all categories of the Hotel.



# LOOK WHO'S SHINING. EVERYONE!

### Discount for children in their parents' room:

0 – 2 years: 25 EURO  
3 – 5 years: 45 EURO  
6 – 14 years: 50 % discount  
from 15 years: 30 % discount

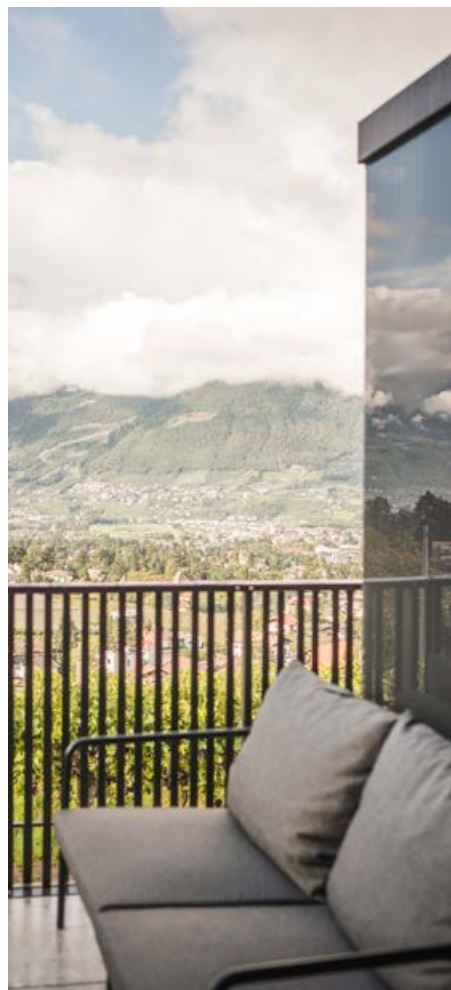
Per day, incl. half board  
and children's lunch.



### A VARIED, HOLISTIC OFFER AWAITS ALL CHILDREN AND TEENS:

- family pool with paddling pool and slide
- family wellness with Finnish sauna, steam bath and infrared cabin
- large water slide with timer
- children's pool with climbing nets
- splashing and paddling area
- table tennis
- family relaxation area
- large playground with tower
- rainbow games room
- children's menu with colourful dishes (children's buffet during school holidays)
- a delicious lunchtime meal for children is included every day
- programme and assistance during the school holiday period
- babysitting on request









**ADULTS  
ONLY**

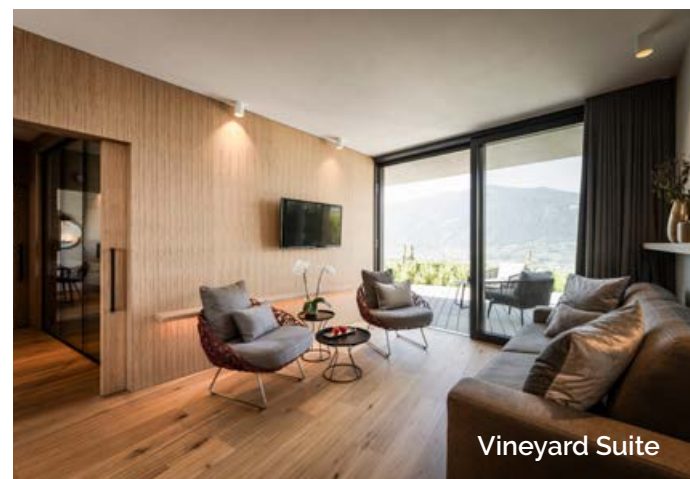
Vineyard Suite



Tranquillity and serenity are two characteristics that refer to the art of living. Here, our guests pay attention to life. Whether alone, with friends or as a couple. Slowing down can become an unforgettable experience.

PERIODS			
Saison A	Saison B	Saison C	Saison D
06.04. – 16.04.2025 22.04. – 28.05.2025 06.01. – 14.02.2026	17.04. – 21.04.2025 29.05. – 01.08.2025 12.10. – 01.11.2025	02.08. – 11.10.2025	20.12.2025 – 05.01.2026

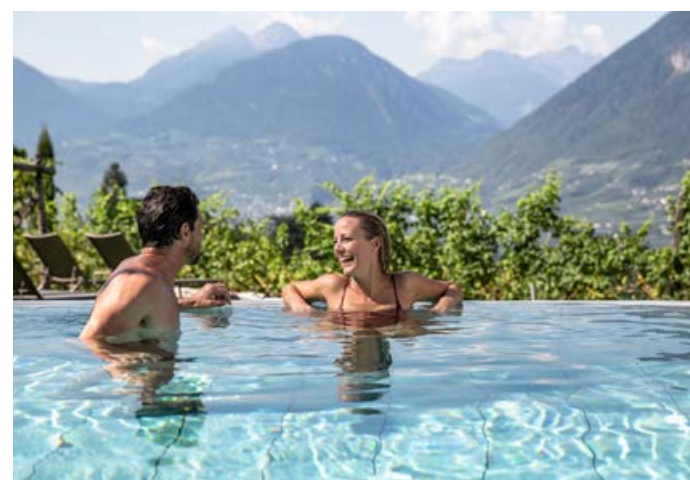
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Vineyard Suite



Bella Vista Suite





# WITH ELIAS YOU GET THE PERFECT MIX OF **RELAXATION AND POWER**



Aquafitness is a particularly popular element of the Elias programme. This form of training is easy on the joints and therefore suitable for all age groups, from young to old. 'Aquafitness can be relaxing, but also intense,' explains Elias. 'You train the whole body, with a focus on strength and stretching exercises.' Special equipment increases resistance in the water, making the workout even more effective.

When asked about his favorite sport, Elias answers with a smile: "I used to play soccer, but now I mix it all up." His favorites? Climbing, hiking, biking, and skiing in the winter. But relaxation is also important to him – after all, it's this variety that creates the perfect balance for him.

**Elias** is not only an experienced wellnesstrainer, but also a passionate infusion master. His sauna sessions are a highlight for guests and are always highly appreciated. Whether cosy or intense, Elias adapts his infusions to suit preferences and weather conditions, making every sauna visit a special experience. One thing is certain: regardless of the weather, the infusion is never cancelled and the guests appreciate it very much.

Elias' message to his guests is clear: Stay active, challenge yourself, but also enjoy the precious time on vacation. Because the most important thing is to feel good. Simply do what brings you joy.

What do guests expect from wellness training during their vacation? Elias has a clear tip: "Do what you enjoy!" It's about finding the right balance – between activity and relaxation. Hiking, stretching, and training are perfect ways to stay active. However, it's just as important to consciously enjoy the time, without constantly watching the clock.





IF THE MORNING  
BRINGS BALANCE,...



...THEN CALMNESS JOINS  
IN THE AFTERNOON.



# WITNESSES OF TIMELESS **BEAUTY**

Majestic and serene in their silence, they tell stories of millennia. They invite us to immerse ourselves in their untouched world. Hiking at these heights is a gift for the soul: Every step reveals new panoramas that make the heart beat faster. The rustling of the wind, the whispering of the trees, the scent of wild herbs – this is the melody of nature. Hiking – a journey of the heart and mind. An experience of unparalleled splendor and peace.



## OUR WEEKLY OFFER:

- guided full-day excursion
- challenging mountain tour (bookable at the tourist office)
- hiking library (hiking books, maps and detailed tour prints are available at reception)

## THE MERAN AREA ALSO OFFERS:

- over 500 km of marked hiking trails
- numerous running routes
- speed hiking tours
- vie ferrate
- boulder climbing
- tandem flying
- ditches and walks



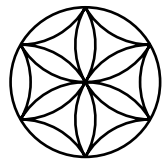
## HIKING WEEK 24.08. – 31.08.2025

Even just the interplay with the clouds and the blue sky is astonishing. The Meran mountain air, with its freshness, treats our lungs to the purest alpine air, is just as remarkable. Our sunrises and sunsets will remain unforgettable. Together with hiking guide Reinhard Zipperte, Elias, and hiking guide Heidi Pföstl Wörndle, you'll immerse yourself for a few days in the fascination of the "South Tyrolean Mountain World."

- 7 nights with gourmet half-board
- 4 guided hikes to the most enchanting places in South Tyrol
- 1 sunrise hike
- 1 sports massage

**FROM 1,300 EURO PER PERSON**





# FITNESS WITH A PANO- RAMIC VIEW



Fitness training has evolved to meet individual needs. Back fitness focuses on maintaining a healthy spine and posture. Aquagym, the joint-friendly water workout, promotes muscle building through natural resistance. Special foot exercises, "Happy Feet," strengthen the foot muscles and help prevent problems. Pelvic floor training strengthens the core, especially important for women after pregnancy. The highlight of our gym is the training with a breathtaking view, offering extra motivation. Modern fitness training combines efficiency with well-being. Take advantage of the diverse sports program or book your personal fitness coach.

# BIKE FUN IN THE MERAN AREA

Explore the unique region by bike and do your body good at the same time. Experience the joy of feeling every cell in your body as you ride through breathtaking landscapes. South Tyrol, a true paradise for cyclists, offers a wealth of scenic routes. We are happy to provide you with well-maintained bikes for your adventure.

If you prefer to go on an exploratory tour with your bike, we have a small cellar with a charging station at your disposal.

- mountain bikes
- e-bike (extra charge)
- weekly guided e-bike tour with Peter (extra charge)





# GOLFER'S PARADISE

There is good play between the Carezza Pass and the South Tyrolean Wine Route, especially on varied and exciting courses at all altitudes. We are a partner of 'Golf in South Tyrol': with the South Tyrol Golf Card, guests of the Schenna Resort receive a 20% discount on the green fee when paying at the golf club (the discount is only valid for 18 holes and entitles you to play 4 times with a discounted green fee).

- GC Lana Gutshof Brandis
- GC Passeier
- GC Eppan and Freudenstein
- GC Petersberg
- GC Dolomiti Sarnonico
- GC St. Vigil Seis
- GC Alta Badia



© Südtirol Classic Schenna/Othmar Seehauser und TV Schenna



## ON TOUR

A classic car deserves its freedom, just like its proud owner. Be enchanted by the picturesque surroundings of Meran. Experience the adventure of winding roads and Alpine passes in South Tyrol. At the Schenna Resort, your vehicle awaits a safe place in our garage. Road maps with the best route suggestions are at your disposal. Our classic car specialist will help you in case of technical problems and there is a washing area for vehicle maintenance. On request, we also offer a professional car cleaning service.

### SCHENNA E.MOTION

26.05. – 28.05.2025

Combines nature adventures, culinary delicacies and the world of electromobility in a unique experience.

More information: [schenna-emotion.com](https://schenna-emotion.com)

### OLDTIMER & CABRIO WEEK

16.05. – 22.05.2025 | 18.05. – 24.05.2025 (7 days)  
18.05. – 22.05.2025 (5 days)

Welcome to an unforgettable adventure through South Tyrol's breathtaking beauty in a very special way!

- **Welcome aperitif and presentation of the programme**
- **a 4-day tour through the passes and valleys of South Tyrol**
- **+ 2 days of wellness at the Schenna Resort (for the 7-day offer)**

### OLDTIMER IN SOUTH TYROL

Südtirol Classic Schenna

06.07. – 13.07.2025

Oldtimer rental:  
[classictours.it](https://classictours.it)





## SLOW MOUNTAIN SCHENNA

© Tourismusverein Schenna – Hannes Niederkofler

When autumn shines magnificently with its golden leaves, the pleasures and emotions in nature come closer. Walking on lonely paths, you find peace and enjoy your wellbeing away from the masses. All at a slow and relaxing pace. Or how about a shopping trip to the spa town of Meran, which enchants with its pre-Christmas charm? Our tip: 'Schenna's Farmer's Advent'. With its charm you will find handicraft stalls, delicious food and drinks that will amaze you. Those who love skating will enjoy the ice rink set up in the centre from the end of November to the beginning of January; a place of fun

and entertainment for the whole family. Our winter in the mountains satisfies sports enthusiasts of all ages on the magnificent slopes in the nearby sunny and family-friendly Meran 2000 ski area. Snowboarders and carvers will also enjoy the small, delightful ski resort. Whichever way you organise your day, it can always end on a slow mountain note with a sauna, a swim or a wellness trail. After all, slowing down is the secret to complete regeneration. Experiencing the Meran region in peace and quiet is a pleasure. The Hotel Mitterplatt is also open from January to March.

## WINTER MAGIC IN MERAN

"Pause a minute and let your gaze wander across the beauty that surrounds you. Stay in the moment, feel the here and now. Let your imagination take flight. Long walks in the Mediterranean climate of Meran are a unique experience. In the mountains, it gets cold, but in Meran, you will feel the warmth of the sun while sipping your cappuccino. The cold lingers around the mountain tops, and the mild temperatures surround the valley in Meran. I think I might stay a while."



- Winter hiking
- Skiing / just 5 minutes to the cable car
- Free transfer
- - 10% discount at Rent & Go ski rental
- Snowshoe hiking and sledding
- Cozy mountain huts
- Ice-skating in the village square
- Customized winter packages
- Ski kindergarten in the Meran 2000 ski resort
- Children's ski courses or refresher classes for people who haven't skied in a while

## CHRISTMAS AND NEW YEAR

Festive decorations with love for detail; everywhere at the Schenna Resort you can admire the Christmas and New Year decorations. Your meditative days in the 'source of light' have a festive and elegant character. The transition into the New Year could not be more beautiful.

- Homemade Christmas biscuits
- Christmas party with local folk music
- free transfer to the Meran 2000 cable car
- guided snowshoe hikes
- winter market at the Schenna Resort
- ice skating for young and old in the village square
- New Year's Eve gala dinner with festive aperitif together with the kitchen brigade with music, dancing and entertainment
- 10 % discount on Rent & Go ski hire

**CHRISTMAS MARKET**  
29.11.2024 – 06.01.2025

In the cities of Meran, Bozen and Bressanone traditional Christmas markets await you. In addition, there are several Advent markets in Schenna, Dorf Tirol and Lana.



**NEW: LUMAGICA**  
21.11.2024 – 06.01.2025

Visit the magical park of lights in the Gardens of Trauttmansdorff Castle.





### SCHENNA IN FLOWER 07.03. - 27.04.2025

- 7 nights with gourmet half-board
- relaxation in the spa world with garden, pools and saunas
- swimming in the heated indoor and outdoor pools with a view of the Meran area
- daily activity offers and Body & Mind programme
- guided excursion
- 1 voucher to the value of 40 EURO for wellness treatments
- 1 free e-bike for 1 day per person

**FROM 1,246 EURO** per person



### UP IN THE MOUNTAINS! 29.06. - 24.08.2025

- 4 wellness nights with gourmet half-board
- the highlight: an E-MTB tour with Peter, our friendly guide (every Tuesday) or
- a guided tour with Heidi, our hostess, through the fascinating South Tyrolean mountains (every Thursday)
- map of Peter's favourite bike tours
- voucher worth 30 EURO per person for wellness treatments
- extensive 'Mind & Soul' programme with yoga, meditation, sauna infusions and much more

**FROM 732 EURO** per person

### SPRING AWAKENING WITH EXTRA DAY 09.03. - 06.04.2025 | 04.05. - 18.05.2025 | 23.05. - 29.05.2025

- 4 nights with gourmet half-board (arrival Sunday-Tuesday)
- 1 free overnight stay
- relax in the spa worlds and heated pools
- daily active offers and Body & Mind Program

**FROM 552 EURO** per person



### TÖRGGELN WEEKS' AT THE SCHENNA RESORT 12.10. - 09.11.2025

- 7 wellness overnights incl. gourmet half-board (gourmet breakfast and 5-course menu with culinary delights)
- 1 bottle of wine in your room on arrival
- afternoon 'Törggelen' in the vineyard once a week
- guided autumn hike
- wine tasting in the wine cellar
- voucher to the value of € 40 per person for wellness treatments
- use of the spa with garden, heated pools and saunas
- incl. varied activity and awareness programme with yoga, meditations, sauna steam baths and much more.

**FROM 1,150 EURO** per person



### SINGLE WEEKS 09.03. - 11.04.2025 | 04.05. - 29.05.2025 | 09.11. - 20.12.2025

A week to myself, to inebriate myself with pleasures, unplug and leave the hustle and bustle behind. During this period you will receive a **double room for single use at no extra charge**.

- 7 wellness nights incl. gourmet half-board (gourmet breakfast and 5-course menu with culinary delights)
- use of the spa with garden, heated pools and saunas
- incl. varied activity and awareness programme with yoga, meditations, sauna steam baths and much more

**FROM 1,106 EURO** per person



### GOLDEN AUTUMN WITH A FREE DAY 09.11. - 29.11.2025 | 30.11. - 05.12.2025 | 08.12. - 20.12.2025

- from 4 nights with gourmet half-board (arrival Sunday-Tuesday)
- 1 free overnight stay
- use of the spa world with garden, heated pools and saunas
- incl. varied activity and awareness programme with meditations, sauna jets and much more

**FROM 600 EURO** PER PERSON FOR 4 DAYS

### TENNIS WEEKS 29.06 - 07.09.2025

Your perfect match at the Schenna Resort for tennis enthusiasts or beginners.

- 5 wellness overnights incl. gourmet half-board
- incl. 2 tennis lessons with a professional instructor
- use of the spa with garden, heated pools and saunas
- incl. varied activity and awareness programme with yoga, meditations, sauna steam baths and much more

**FROM 1,100 EURO** per person



### SKIING WEEK WITH 1 FREE OVERNIGHT STAY AT THE HOTEL MITTERPLATT 06.01. - 27.02.2025

- from 4 nights with gourmet half-board (arrival Sunday-Tuesday)
- 1 free overnight stay
- free transfer to the Meran 2000 cable car with our winter hiking bus
- free snowshoe hire

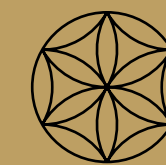
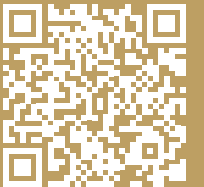
**FROM 515 EURO** per person

You can find further special offers on our website: [schennaresort.com](https://www.schennaresort.com)



Our prices and offers vary according to room categories and current availability. Those who book in advance will enjoy flexible prices!



ARE YOU  
LOOKING FOR  
A **GIFT?**

Make your loved ones happy by ordering one of our vouchers online at [schennaresort.com](http://schennaresort.com).

## PARTIES AND EVENTS AT THE SCHENNA RESORT

The spacious conference rooms and bright rooms of the Schenna Resort offer the perfect setting for your event. The cosy atmosphere will make your event a real success.

- Rental of the Rosa and Luis conference rooms (up to 122 sq m)
- Spacious, modern lounge areas for:
  - events
  - family celebrations
  - weddings
  - seminars
  - car presentations
  - and much more

Upon request, we are at your disposal for the planning and conduct of your event.







# GENERAL INFORMATION

**Check-in and check-out:** Rooms are available from 14.00. On the day of departure, please vacate your room by 11.00 a.m.

In the event of **cancellation**, late arrival or early departure, the room price will be charged.

## **Our cancellation policy**

Updated cancellation conditions are published on our website: [schennaresort.com/resort-schenna/gut-zu-wissen](https://www.schennaresort.com/resort-schenna/gut-zu-wissen).

- 21 days prior to arrival: free cancellation
- 20 to 14 days prior to arrival: 30 % of the reservation value
- 13 to 3 days prior to arrival: 60 % of the reservation value
- 2 days prior to arrival, no-show or early departure: 80 % of the reservation value

We recommend that you take out cancellation insurance so that you are covered in the event of cancellation.

The hotel bill can be settled by credit and debit card. Diners Club and American Express are not accepted. We reserve the right to adjust prices in the event of a drastic VAT increase or currency crisis.

## **Unfortunately, we cannot reserve a specific room number or table.**

In the event of a **cancellation** (by 12 noon), 12 EURO per meal will be credited (except in the case of bookings made through an agency).

In the interest of all guests, we only accept a limited number of dogs in certain room categories. Please inform us of this when making your request.

**Dogs are not allowed in the dining room, indoor pool and on the sunbathing lawn.** The daily rate per animal is 25 EURO without food.

The resort has a sufficient number of **outdoor and garage parking spaces**.

Vouchers are valid for 2 years and are non-refundable.

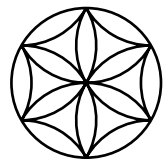
## **How to reach us**

By car: from the Brenner Pass and the A22 Brenner motorway to Bozen Sud, MeBo highway to Meran Sud, follow signs to Schenna or from the Resia Pass to Meran Sud, follow signs to Schenna. On our website you will find exact directions on how to reach us.

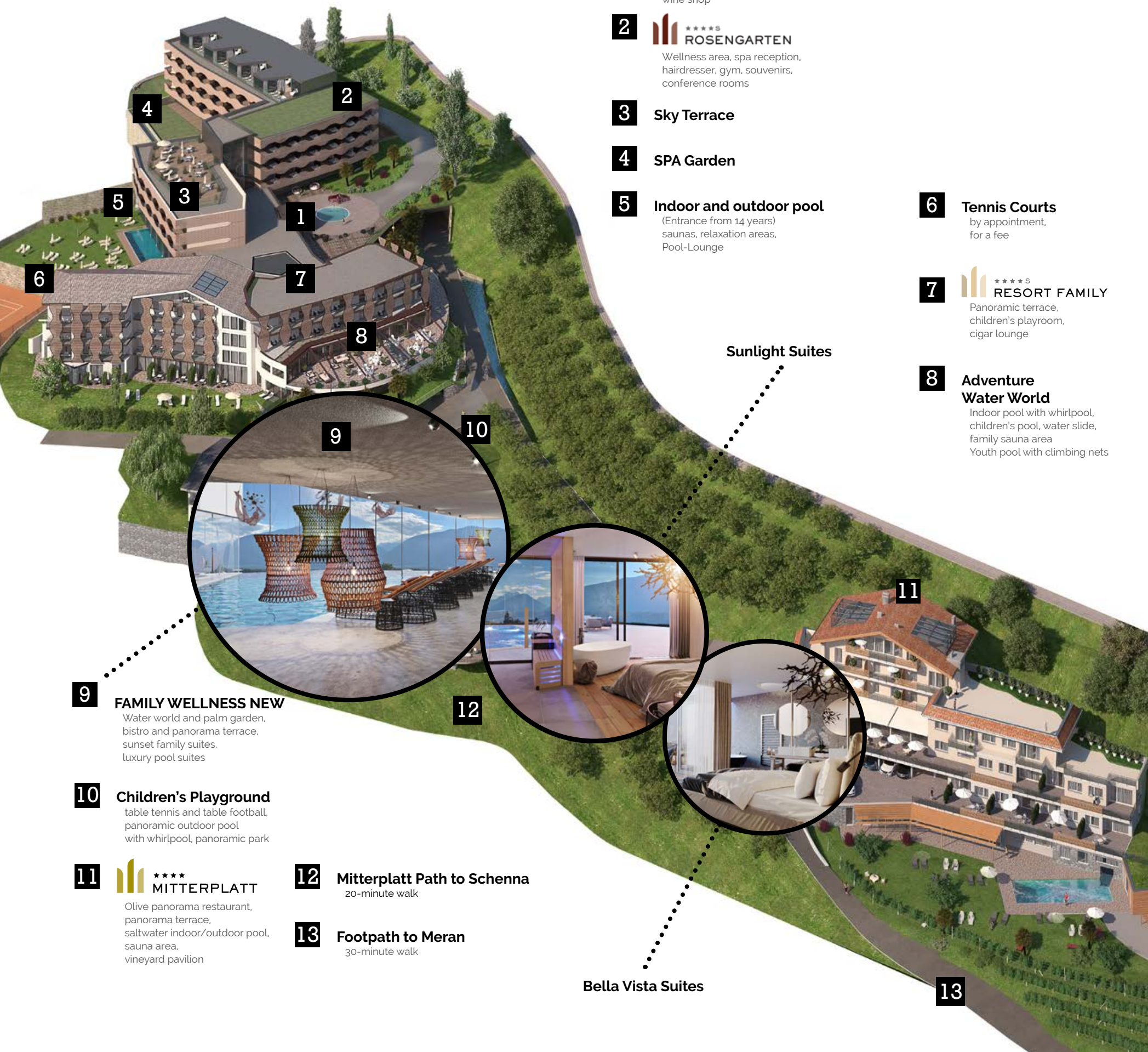
## **Carefree holidays; your health is in good hands with us:**

The health of our guests and employees is our top priority at the Schenna Resort. Comprehensive protective measures have been defined in the new hygiene guide, which are implemented by our specially trained specialist team. Nothing will stand in the way of your regenerative holiday, far from the worries and concerns of the Covid. With us, your health is in the best hands.





# PURE FREEDOM PURE DIVERSITY



**1 Schenna Resort**  
Reception and welcome,  
bar with fireplace and terrace,  
library and information desk,  
wine shop

**2 \*\*\*\*\* ROSENGARTEN**  
Wellness area, spa reception,  
hairdresser, gym, souvenirs,  
conference rooms

**3 Sky Terrace**

**4 SPA Garden**

**5 Indoor and outdoor pool**  
(Entrance from 14 years)  
saunas, relaxation areas,  
Pool-Lounge

**6 Tennis Courts**  
by appointment,  
for a fee

**7 \*\*\*\*\* RESORT FAMILY**  
Panoramic terrace,  
children's playground,  
cigar lounge

**8 Adventure Water World**  
Indoor pool with whirlpool,  
children's pool, water slide,  
family sauna area  
Youth pool with climbing nets

Sunlight Suites

Bella Vista Suites

**9 FAMILY WELLNESS NEW**  
Water world and palm garden,  
bistro and panorama terrace,  
sunset family suites,  
luxury pool suites

**10 Children's Playground**  
table tennis and table football,  
panoramic outdoor pool  
with whirlpool, panoramic park

**11 \*\*\*\*\* MITTERPLATT**  
Olive panorama restaurant,  
panorama terrace,  
saltwater indoor/outdoor pool,  
sauna area,  
vineyard pavilion

**12 Mitterplatt Path to Schenna**  
20-minute walk

**13 Footpath to Meran**  
30-minute walk

# INCLUDED SERVICES

unique wellness ambience, a warm welcome with a welcome drink

First-class gourmet half-board with a new theme every day, starter and dessert buffets and much more

Healthy and varied breakfast buffet with daily specials to suit all needs

Dinner at the Olive restaurant with show cooking

Free Internet point

Free WiFi connection throughout the Schenna Resort

Free use of the wellness area (indoor and outdoor pool, various saunas and steam baths, relaxation rooms, etc.)

Free access to the fully equipped panoramic and outdoor gym

Various wellness treatments (against payment)

Rooms suitable for seminars, workshops and company dinners

Guided excursions (possible contribution to costs)

Excursion proposals with detailed documentation

Participation in the daily Fit & Vital programme

Music and dance evenings

Free rental of mountain and e-bikes for a fee

Garage charging station for electric cars and bikes

Outdoor parking and indoor garage

Bike depot with small workshop

Information material for excursions and bike tours

Washing area for cars and bikes

Free snowshoe hire

During school holidays childcare with varied entertainment programme

Castagnata in the vineyard

Breakfast in the vineyard (in summer)



# HOW TO REACH US

## MONACO-SCHENNA BUS TRANSFERS

Every Wednesday and Sunday from **16 March to 9 November 2025**.  
Price Return: 85 EURO per person; one-way: 55 EURO per person.

Booking and information: **Tourist Office Schenna**, [schenna.com](http://schenna.com)

## SÜDTIROL EXPRESS 2025

In 2025, this service will again be offered by Heini Car to guests from Switzerland. Every Saturday from **5 April to 25 October**. The journey departs from St. Gallen in the direction of Zurich, through the Vinschgau Valley to Meran. Fares: ROUND TRIP CHF 180, one-way: CHF 120.

Booking and information: [suedtirolexpress.ch](http://suedtirolexpress.ch)

## NEW: SAFE AND FAST TO ALTO ADIGE

Direct flights from Berlin, Düsseldorf, Hamburg, Kassel, Rotterdam, London to Bozen with Skyalps, in 2½ hours from Hamburg to Bozen.

Booking and information: [skyalps.com](http://skyalps.com)

We will be happy to organise your personal shuttle service.

## FLIXBUS/MEIN FERNBUS

Departures from Piazza Terme in Meran several times a day to Munich and Innsbruck.

Booking and information: [meinfernbus.de](http://meinfernbus.de)

## AIRPORT TRANSFERS - SÜDTIROLBUS

Daily transfers from the airports of Verona, Bergamo, Treviso and Milan Malpensa, as well as from Munich and Innsbruck to Schenna.

Booking and information: [suedtirolbus.it](http://suedtirolbus.it)

## BY TRAIN FROM GERMANY

Relaxing journey with DB/ÖBB Eurocity trains.

Booking and information: **Deutsche Bahn**, [bahn.de](http://bahn.de)

## BY TRAIN FROM AUSTRIA

A daily direct A/R connection (1 change in Bozen) from Innsbruck to Meran.

Departure from Innsbruck (hourly) between 9:24 a.m. and 7:46 p.m.

Departure from Meran (hourly) between 6:35 a.m. and 6:49 p.m.

## NEW: WITH ÖBB RAILJET DAILY FROM VIENNA TO BOZEN

Booking and information: **Österreichische Bundesbahn**, [oebb.at](http://oebb.at)

## BY TRAIN FROM SWITZERLAND

Engadin-Meran-Route

Express Rail Service, Tel.: +41 81 288 6565

Booking and information: **Swiss Federal Railways**, [sbb.ch](http://sbb.ch)

## BY TRAIN TO BOZEN AND MERAN

An overview of all train connections to South Tyrol can be found at: [trainline.de](http://trainline.de)

## LUGGAGE TRANSPORT IN SOUTH TYROL

Your luggage (suitcases, sports equipment, etc.) will be collected by a courier and brought directly to the hotel.

Booking and information: **Insam Express luggage transport**, [insamexpress.it](http://insamexpress.it)

## LUGGAGE AND BICYCLE STORAGE

Luggage and bicycle storage at Bozen railway station: [basecampdolomites.com](http://basecampdolomites.com)



## FOR THE SAKE OF OUR ENVIRONMENT

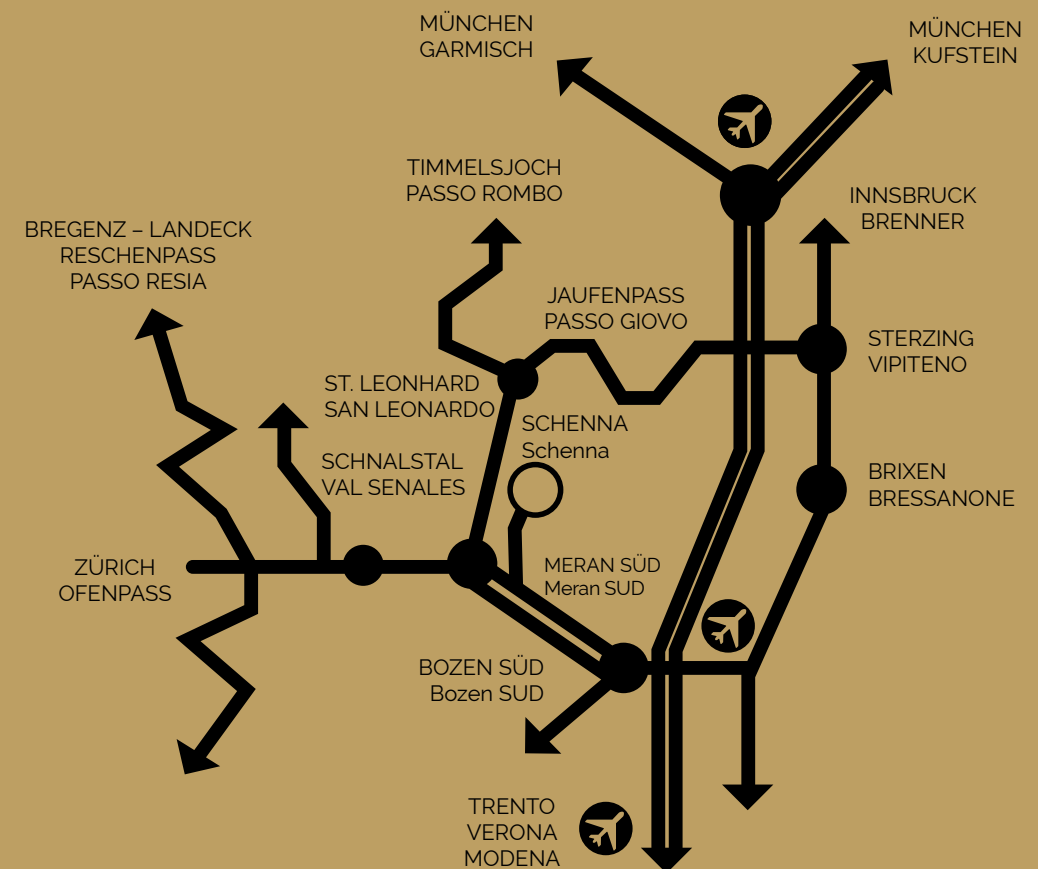
Free use of trains and buses in South Tyrol during your stay and also on arrival and departure.



GUESTS TRAVELLING BY TRAIN OR ECOLOGICAL BUS RECEIVE A FREE RENTAL OF OUR E-BIKES FOR 1 DAY.

No guarantees are given on published information, subject to change!

50 Schenna Resort



Booking switchboard: +39 0473 230760  
[schennaresort.com](http://schennaresort.com)

Follow us on:



## SCHENNA RESORT

Pförtl and Wörndle Families

Strada Vecchia 14 | 39017 Schenna near Meran | ITALY

T +39 0473 230 760 | [info@schennaresort.com](mailto:info@schennaresort.com)





I am made with love. Please don't throw me.